

FIRST AVENUE DENTAL CARE

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CARING FOR YOUR TEMPORARY CROWN OR FILLING

Here are a few simple rules to promote healing, prevent complications and make yourself more comfortable after your restoration is prepared.

DISCOMFORT

After the tooth has been prepared, you may experience some mild discomfort and sensitivity. You can help reduce this by taking aspirin (let us know if you can't take aspirin) every four hours and rinsing with a warm salt water solution three times a day. (112 teaspoon of salt in one glass of warm water.)

CLEANING

Do not floss the temporary crown or filling. When brushing, be extra gentle with that area. If you feel that cement lodged in or around the gum tissue or the tissue around the tooth continues to be sensitive after three or four days please call the office.

DISLODGEEMENT OF TEMPORARY CROWN OR FILLING

Temporary fillings and crowns occasionally come out because they are meant to be removed easily when the doctor places the permanent restoration. If it comes dislodged, don't be alarmed. We would like you to try to place the temporary back on the tooth, then call the office for a short appointment and we will replace it. We do want you to call as soon as possible after this happens, the permanent filling or crown will not fit if the above procedure is not followed. This will require greater adjustment and fitting proportional to the length of time you wait. The fitting will be much easier if the temporary is placed back on the tooth as quickly as possible.